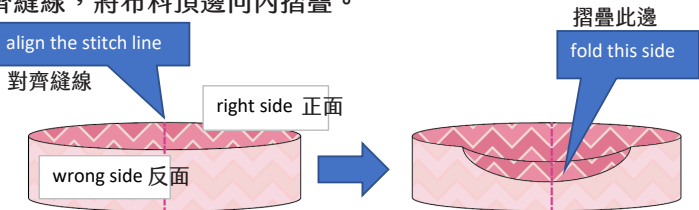


<div>Chou chou/ Scrunchie</div> <div>Time required: 30min</div> <div>Materials/ Tools</div> <div>Handkerchief (16x32 cm x 2pcs.)</div> <div>Elastic cord : 25 cm</div> <div>Scissors (For fabric, thread)</div> <div>Rotary cutter, Cutting Mat</div> <div>Pins or clips</div> <div>Needle: #11, Sewing thread: #60</div> <div>Marking pen or chalk, Ruler</div> <div>Elastic Threader</div> <div>Sewing machine foot</div> <div>J foot (included)</div>		<div>髮圈/束髮帶</div> <div>所需時間：30分鐘</div> <div>材料/工具</div> <div>手帕（16x32厘米 x 2片）</div> <div>鬆緊繩：25厘米</div> <div>剪刀（用於布料、線）</div> <div>旋轉切割器、切割墊</div> <div>大頭針或夾子</div> <div>針：#11號，縫紉線：#60號</div> <div>標記筆或粉筆、尺</div> <div>鬆緊繩穿引器</div> <div>縫紉機壓腳</div> <div>壓布腳 J</div>	
<div>1 Cut the materials.</div> <div>(16x32cm x 2pcs.)</div> <div>裁剪材料。</div> <div>（16x32厘米 x 2片）</div>			
<div>2 Put the fabric inside out and sew together with 1cm seam allowance.</div> <div>(Both ends, short side)</div> <div>將布料反面朝外，縫合時留1厘米縫份。</div> <div>（兩端，短邊）</div>			
<div>3 Open the seam and press with iron.</div> <div>打開縫份並用熨斗燙平。</div>			

4 Align the stitch line and fold the top edge of the fabric inward.

對齊縫線，將布料頂邊向內摺疊。



5 Align the edge of outer fabric and secure with clips.

對齊外層布料邊緣並用夾子固定。



6 Sew together with 1cm seam allowance.

Leave the opening about 5cm.

Point: Be careful not to sew the inside fabric.

Point: Continue sewing while pulling out the fabric little by little.

以1厘米縫份縫合。

留約5厘米開口。

注意：小心不要縫到內層布料。

注意：一邊縫一邊將布料一點點拉出。



7 Turn the fabric out from the opening.

Pass the elastic cord through the opening.

從開口處將布料翻到正面。

將鬆緊繩穿過開口。



8 Sew the ends of the elastic cord.

Close the opening and finish.

縫合鬆緊繩兩端。

關閉開口並完成。

